



Womb Remembrance Ritual

A Sacred Guide to Reclaiming the Portal Within

By Divine Alchemist High Priestess

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Overview

The womb is not just a reproductive organ, it is a **multidimensional portal**. A memory keeper. A power source. This ritual is an invitation to **return to your original codes**, clear the energetic debris of suppression, and reconnect with your **Divine Feminine Source**.

Use this as a gentle ceremony to honor your body and reawaken your womb wisdom.

What You'll Need:

- A quiet, private space
- A candle (preferably red, white, or black)
- A small bowl of water
- Essential oil (rose, myrrh, or ylang ylang work beautifully)
- A piece of obsidian, moonstone, or any womb-linked crystal
- Journal and pen
- Optional: ceremonial music, scarves, altar cloth



Step 1: Create the Portal Space

- Light your candle.
- Anoint your womb space (lower belly) with oil in slow, circular motions.
- Place your crystal over your womb or hold it in your hand.
- Breathe deeply into your belly.
- Say aloud:
"I return to my origin. I honor the sacred portal within me. I call back all fragmented parts. I now open the gates of remembrance."

Step 2: Womb Water Blessing

- Gaze into the bowl of water. Visualize it glowing with soft golden light.
- Whisper into it: your name, your mother's name, your grandmother's name.
- Say:
"Through this line, I remember. Through this water, I cleanse. Through this portal, I rise."
- Dip your fingers into the water and anoint your forehead, heart, and womb.

Step 3: Journal Prompts – Unlocking Womb Memory

Let your pen flow without judgment or editing. Breathe between questions.

1. When was the first time I felt disconnected from my feminine power?
2. What does my womb want to say to me today?
3. What stories, wounds, or beliefs am I ready to release from my womb space?
4. What does my womb remember that my mind has forgotten?
5. What kind of divine feminine am I becoming?

Step 4: Activate with Sound & Scent

- Play healing music (432 Hz, womb drumming, or temple chanting).
- Burn incense or diffuse oils that feel ancient, sensual, or softening.
- Let your body move or sway naturally, as if in ceremony.
- Breathe into your hips and womb as you listen.
- Repeat:
“My womb is wise. My womb is whole. My womb is the source of my sacred knowing.”



Step 5: Seal the Ceremony

- Blow out the candle with gratitude.
- Pour the blessed water into the earth or your sink while thanking your lineage.
- Close with this affirmation:

"It is safe to remember.

It is sacred to feel.

I am the key, the gate, and the altar.

My womb is my compass, and I follow her home."

Closing Note

This ritual is just the beginning. Each time you return, your womb will speak more clearly. She holds not just your personal pain, but the blueprint of the Divine Feminine returning to Earth.

If you feel called, repeat this ritual during the New Moon, Full Moon, or on the 13th day of your cycle for deeper access to your soul's memory field. You are the portal. You are the prophecy they tried to bury.

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